

# February 1st Guest : Dr. Julie Logan

## Conversation: Mycotoxins: The Hidden Cause of Inflammatory Illness

Mycotoxin exposure is more common than previously thought, and in genetically susceptible individuals, can lead to crippling illness, including worsening neuroimmune conditions such as PANS/PANDAS.

Blotoxin mediated illness can look and act just like Lyme disease, and often goes along, or is caused by, a Lyme infection. Unresolving inflammation and severe symptoms in many body systems is the hallmark of this disease, earning the name Chronic Inflammatory Response Syndrome (CIRS)

We are discovering more and more frequently that many of our patients with severe inflammation, allergies, compromised immune function, Mast Cell Activation Disorders, Autism, PANDAS, Lyme diagnoses, etc are actually in a mold exposure that has been undetected, creating the inflammatory storm that underlies many of these conditions.

IN this discussion Dr, Logan will discuss the discovery, diagnosis and treatment of this illness, and discuss its possible relationship to PANS/PANDAS as well as its role in Autism severity.

Dr. Julie Logan specializes in helping children with the symptoms of Autism, ADD/HD, PANDAS/PANS, food sensitivities, methylation defects, GI issues, and environmental illnesses. She is fully MAPS trained and mentored (Medical Academy of Pediatrics Special needs) and has been working alongside Dr.

AnjuUsman-Singh for the last 7 years.

Before earning her medical degree, Dr. Julie Logan was introduced to the world of medicine as a patient. After being diagnosed with Hashimoto's Autoimmune Thyroiditis, she began treatment with a chiropractic physician and soon recovered from the disorder. But as a concerned mother, Dr. Logan was pushed further into the medical world.

Educators began telling her that her older son showed signs of ADHD and her younger son developed Autism. Like so many other parents, Dr. Logan was plunged into the struggle to rescue her sons. She watched their amazing paths of recovery through biomedical therapies and nutritional interventions. Along the way, she discovered an incredible truth; the human body has the power to heal itself when given the right care.

Prior to joining True Health Medical Center, Dr. Logan worked in the field of Environmental medicine, addressing biotoxin mediated illnesses such as mold exposure and sick building syndrome. Her chiropractic background gives her insight into correcting the dysregulation of the central nervous system, known as dysautonomia.

She obtained her undergraduate degree at Wheaton College and completed her physician's degree National University of Health Sciences in Lombard, graduating as Valedictorian of her class.



# THE VORTEX

Autism Answers Revealed

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